Canadian Nurses Partnering for Children's Health

MAY 4 & 5, 2012

HYATT REGENCY TORONTO • 370 KING STREET WEST

HOSTED BY:

PedNIG
Pediatric Nurses Interest Group
www.pednig.ca

PRESENTING SPONSOR:

SickKids
THE HOSPITAL FOR SICK CHILDREN
Are you interested in joining a national paediatric nursing group?

The Canadian Association of Paediatric Nurses (CAPN)/L’Association Canadienne des Infirmières et infirmiers Pediatriques (ACIIP) is a national paediatric nursing interest group. The objectives are to:

1. Advocate for the health care needs of children and their families.
2. Promote education in paediatric nursing at the basic and post-basic levels to work with children and their families; and to provide continuing education and information about educational resources to Canadian paediatric nurses.
3. Facilitate opportunities for Canadian nurses to unite and address issues related to paediatric nursing.
4. Support the CNA in its objective to speak for Canadian nursing on national and international levels.
5. Promote a high standard of paediatric nursing practice in Canada by developing national standards of care and advocating for the certification of paediatric nurses in Canada.
6. Promote research development and knowledge translation in paediatric nursing.

CAPN has been inactive since 2005, and there is a great deal of interest in reigniting this national group and its mandates. If you are interested, please join us at the inaugural meeting on Friday May 4, 2012, 4 pm at the conference.

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**Our Mission**

PedNIG strives to strengthen the profession of Nursing in Ontario by supporting and representing action on behalf of Pediatric Nurses with respect to Pediatric Nursing and Pediatric Health Care in collaboration with the Board of Directors of Registered Nurses Association of Ontario (RNAO).

**Our Goals**

- To advocate for the health care needs of children and their families.
- To enhance Pediatric Nursing in Ontario through promotion of research-based nursing practice.
- To support Pediatric Nursing in Ontario to address issues important to the advancement of Pediatric Nursing.
- To assist the RNAO in its quest to represent the Nursing profession to government, other health care providers and the public.
- To provide continuing education and information about professional development resources to Pediatric Nurses in Ontario.
Conference Goals
1. Promote primary/preventive health care/health promotion of children
2. Improve the support and understanding of Pediatric nursing research
3. Profile innovation and technology in acute and community Pediatric health care settings

Objectives
1. Explore the trends and issues in outpost and rural Pediatric Nursing, and innovative measures to address these trends and issues.
2. Improve access and education surrounding Pediatric centered care.
3. Provide a forum for clinicians, practitioners and researchers to learn about current and seminal Nursing Research impacting Pediatrics.
4. Investigate unique approaches to providing pediatric nursing care in various geographical areas and practice settings.
Parents Perceptions Around Transitioning the Medically Fragile, Developmentally Delayed Child to an Adult Health Care System
Karen Carter, BScN, Jill Hatchette, BA(Hon), MSc, PhD, Barbara Stonehouse, BN, MN, Dhiman Chowdhury, MB, BS, FRCP (Edin), FRCPCH
IWK Health Centre, Halifax, NS

Parental Knowledge, Attitude and Practice About Gastroenteritis
The Hospital for Sick Children, Toronto, ON

Streamlining Primary and Acute Care Delivery - A Nurse Practitioner Led Initiative
Louise Rudden, Rn, Bscn, mn, np pediatrics, Lynn Mack Rn, Bscn,
The Hospital for Sick Children, Toronto, ON

No Pain, All Gain- Implementing an Interactive Non-pharmacological Pain Management Group
Breanne Mathers, B.A., TRS, CCLS, Nicholas Joachimides, RN, BscN, CRN(c), IIWCC, MCIsc.WH,
Holland Bloorview Kids Rehabilitation Hospital, Toronto, ON

Nurses Influencing Emergency Department Flow
Heidi Musselman, RN, BscN, Heather Dalziel, RN,
The Hospital for Sick Kids, Toronto, ON

Development of a Provincial Pediatric Scorecard: Improving The Client Experience
Kristen Campbell, RN, MN,
Saint Elizabeth Health Care, Markham, ON

Learning to Implement Family Centered Care Through Partnership: The Lived Experience of a Student Nurse Moving from Theory to Practice
Katherine Rentschler, OCT, Third Year Undergraduate, Beverley Griffiths, RN, Yasmin Shariff, RN, Debbie Cameron, RN,
Ryerson Collaborative Nursing Program, Toronto, ON

The Development Of A Pain Resource Nurse Role: A Knowledge Translation Strategy To Improve Pain Management In Children
Lori Palozzi, NP Paediatrics, MScN, Kathy Popovski, RN, MN, Bonnie Stevens, RN, PhD,
The Hospital for Sick Children, Toronto, ON

Partnering for Innovative Education for Front Line Nurses
Ruth Turner, RN, PNC(C), BScN, Rebecca McAlpine, RN, BscN, MAL, Eloise Czekalla, RN, BscN, MN,
Halton Healthcare Services and Trillium Health Centre, Mississauga, ON

Facilitating Student Learning: Lessons Learned from a Strategic Partnership
Allene MacIsaac, BSc, MSc(A), RN, Brenda MacDonald, RN, RN, MeD, MS (Psych/Mental Health), Moira Chiasson, RN, BSc, BScN,
St. Francis Xavier University, Antigonish, NS

Facilitating Learning and Leadership: The Experiences Of A Nursing Resource Team
Rana Dhillon, RN, BscN, Nancy Wylie, RN, BHScn, MHSM, Audrey Bengawan, RN, BscN, Ruth Lee, RN, BscN,
Julija Gedrimas-Zych, RN, BscN, Giny Hernandez-Rojas, RN, BscN,
Hamilton Health Sciences, Hamilton, ON

Jia Education Evening: A Pilot for Caregivers
Audrey Bell-Peter, RN, BscN, MN, Holly Convery, RNEC, BscN, Ron Laxer, MD, FRCPC,
Shirley Tse, MD, FRCPC, Lynn Spiegel, MD, FRCPC, Christine O’Brien, MSc, BScOT, ACPAC (C), Neely Lerman, Msw, Rsw, T
Inez Martinicveic, Msc RD,
The Hospital for Sick Children, Toronto, ON

Paediatric Peripheral Intravenous Access
Lyne Julius, RN, HBScN, MHS, Laurie Bolden, RN, BHScN
Grand River Hospital, Kitchener, ON

Better Together: Children, Nurses, and Teachers in our Urban Aboriginal Elementary School
Andrea Kennedy, RN, PhD, Lori Pritchard, Med, Lisa Semple, RN, MN, Christina West, RN, PhD,
School of Nursing, Mount Royal University, Calgary, AB

Cherish Every Breath, Live Every Moment
Neelam Walji, RN, BscN,
The Hospital for Sick Children, Toronto, ON

Meeting Paediatric Needs Through Integrated Care; Responding to Paediatric Emergencies Closer to Home
Eleanor Holmgren, Danica Irwin, B.Sc. Phm, Sarah Reid, MD, FRCPC, Andrea Losier, BScMed, MD, FRCPC,
Children’s Hospital of Eastern Ontario, Ottawa, ON
SATURDAY MAY 5TH, 2012

8:30 AM OPENING REMARKS AND GREETINGS

8.45 – 9:45 AM NATIONAL PANEL: CANADIAN NURSES PARTNERING FOR CHILDREN’S HEALTH – A NATIONAL PERSPECTIVE
Focusing on family-centered care as a driver of health outcomes, the panel will discuss how social determinants of health impact their areas of practice in the provision of pediatric acute, primary, and preventative health care. Barriers and strategies to overcome the challenges of their effects on care, as well as success stories representing the diversity and similarity of our nation will be highlighted.

Moderator: Margaret Keatings, RN, MHSc, Chief of Interprofessional Practice and Chief Nurse Executive, Sick Kids, The Hospital for Sick Children, Toronto Ontario
Andrea Pritchard Kennedy, RN, PhD, Associate Professor, School of Nursing, Mount Royal University
Cheryl Forchuk, RN, PhD, Professor, Associate Director, Nursing Research, Arthur Labatt Family School/Nursing, University of Western Ontario
Nicole Letourneau, RN, PhD, Professor, Faculties of Nursing & Medicine (Pediatrics), University of Calgary; Adjunct Professor, Faculty of Nursing, University of New Brunswick

9:45 – 10:15 AM REFRESHMENT BREAK AND POSTER / EXHIBIT VIEWING

10:15 – 11:15 AM CONCURRENT SESSIONS A

A1 CHALLENGES AND SUCCESSES IN PEDIATRIC NURSING SIMULATIONS
Mary Ann Fegan, RN, BNSc, MN, Senior Lecturer,
Jordana McMurray, RN, BScN, MN, Lecturer,
Lawrence S. Bloomberg Faculty of Nursing, University of Toronto, Toronto, ON

Simulation is an innovative and effective teaching strategy in pediatric nursing education. This presentation will explore challenges in developing and implementing pediatric simulations that actively involve the child and family, and will discuss potential strategies to enhance fidelity and create child and family centered simulations.

YOUR STUDENT NURSES NEED TO KNOW THAT WE DON’T LIVE AT THE HOSPITAL – PRACTICAL LEARNING IN THE CHILD HEALTH CARE CONTINUUM
Lisa Semple, RN, BN, MN, Assistant Professor,
Andrea Pritchard Kennedy, RN, PhD, Associate Professor,
Mount Royal University, Calgary, AB

We conducted a stakeholder assessment, including youth and redesigned our child health course to reflect priority issues faced by children and families. Students receive one full week of child health competency-based learning, followed by, three days/week practical learning, in both acute and community care.

A2 THE PREANESTHESIA CLINIC: A TEAM APPROACH TO IMPROVE THE CHILD AND FAMILY SURGICAL EXPERIENCE AND ENHANCE PATIENT OUTCOMES
Nancy Rudyk, RN, BSCN, MN, Clinical Nurse Specialist, The Hospital for Sick Children, Toronto, ON,

Preanesthesia assessment clinics (PAC) have demonstrated an effective means of preparing patients/ families for surgery and decrease unnecessary surgical cancellations or delays. At the Hospital for Sick Children an integration of a number of strategies are utilized to effectively screen, assess and prepare patients and their families prior to surgery.

THE COMFORT PLAN AND COMFORT KIT: TOOLS TO INFLUENCE THE MANAGEMENT OF PROCEDURAL PAIN IN CHILDREN
Silvana Oppedisano, RN(EC), MN, Nurse Practitioner-Paediatrics,
Lori Palozzi, RN(EC), MN,
Kimberley Colapinto, RN(EC), MN,
Dalia Bozic, RN(EC), MN,
Amanda English, Child Life Specialist,
Jane Darch, Child Life Specialist
The Hospital for Sick Children, Toronto, ON

This presentation will describes the creation and implementation of two simple, yet effective tools that may be used to help children cope with painful or anxiety provoking procedures: The Comfort Plan and the Comfort Kit. These tools were based on three recommendations made in the RNAO’s best practice guidelines related to pain management.
A3 PARTICIPATORY CARE MODEL FOLLOWING DISCHARGE FOR CHILDREN AND FAMILIES LIVING IN RURAL AND REMOTE SETTINGS
Sally Dampier, RN, DNP, Professor, Confederation College, Thunder Bay, ON

A model of care for children and families living in rural and remote settings was developed to build capacity in the system to manage care at home providing quality care at the point of access, saving costs to the families in their time and travel, and to the system.

THE ROLE OF THE NURSE COORDINATION FOR SUPPORT AND FOLLOWUP OF CHILDREN WITH AUTISM AND THEIR FAMILIES: A PILOT STUDY
Pamela Green, RN, MHSc, NP-Paediatrics, Surrey Place Centre, Toronto, ON,
Johanna Lake, PhD, Psychologist, CAMH, Toronto,
Cathy Petta, RN, Ambulatory Care Nurse, Holland Bloorview Kids Rehabilitation Hospital, Toronto,
Dianne Davison, RN, Autism Treatment Network, Surrey Place Centre, Toronto,

Children with autism have complex medical and behavioural issues requiring knowledgeable, experienced health providers to support families. Followup is not consistently available for these children. We proposed to evaluate nurse co-ordinator followup care of children. Survey results were overwhelmingly positive for the benefits of nurse followup in children with autism.

11:15 – 11:20 AM Stretch and Move

11:20 – 12:20 PM CONCURRENT SESSIONS B

B1 DEVELOPING PAEDIATRIC NURSING CAPACITY IN GHANA: COLLABORATION WITH CANADIAN NURSES
Karen Breen-Reid, RN, BScN, MN, Advanced Nursing Practice Educator,
Patricia Malloy, RN, MScN, Clinical Nurse Specialist,
The Hospital for Sick Children, Toronto, ON

In May of 2011, Ghana launched a Paediatric Nursing Certificate Programme. This Programme is an innovative education project, gaining financial support from several funding agencies. Collaborative partnerships in Canada and Ghana were key components to success. The programme is aligned with the United Nations Millennium Development Goal #4; to improve the health of infants and children. This presentation will discuss the processes of the first session of the programme to enhance the knowledge and skills of registered nurses in Ghana.

A SYSTEMATIC REVIEW OF KNOWLEDGE TRANSLATION STRATEGIES USED TO PROMOTE THE UPTAKE OF RESEARCH IN CHILD HEALTH SETTINGS
Shannon Scott, RN, PhD, Assistant Professor and CIHR New Investigator,
Lauren Albrecht, BED,
Deborah Olmstead, RN, MN,
Mandy Archibald, RN, PhD student, Faculty of Nursing University of Alberta, Edmonton, AB

This interdisciplinary review provides us with concrete recommendations for health professionals and decision-makers in child health settings at various levels of the health care system interested in enhancing outcomes through the application of research and identifies areas of investigation for researchers designing knowledge translation intervention studies.

B2 VIEWING CHILDREN DIFFERENTLY: PROMOTING HEALTHY CHILD DEVELOPMENT AND PREVENTING VIOLENCE THROUGH POSITIVE DISCIPLINE
Christine Ateah, RN, BN, MED, PhD, Associate Professor, Faculty of Nursing, University of Manitoba, Winnipeg, MB,
Lesley Barker, RN, BScH, Research Project Coordinator, Early Childhood Team, Alberta Health Services, Calgary, AB,
Ashley Stewart-Tufescu, BA, BSW, MSc, PhD Student, Applied Health Sciences, University of Manitoba, Winnipeg, MB,
Joan Durrant, PhD, Professor, Department of Family Social Sciences, Faculty of Human Ecology, University of Manitoba, Winnipeg, MB

The use of punishment with children has a long history in western societies. However, in recent years there has been increasing evidence that “ordinary” physical punishment places children at-risk for injury. Positive Discipline (Durrant, 2007) is an innovative parenting education strategy to help parents become problem-solvers and mentors to their children.

“DON’T TOUCH MY BACK!!” : GETTING CHILDREN AND ADOLESCENTS WITH MENTAL ILLNESS THROUGH SCOLIOSIS SURGERY
Michelle Peralta, RN, BScH, BHSc Hon., MN, Clinical Nurse Specialist,
Dennis Villanueva, MSW, RSW, BMT, Social Worker, Orthopedics/Urology,
Arlette Lefebvre, MD, FRCPC, Staff Psychiatrist,
Janet Ahier, RN(EC), MN, BScH, ONC (C), Nurse Practitioner Paediatrics, Orthopaedics,
The Hospital for Sick Children, Toronto, ON

Spinal surgery is stressful for all paediatric patients but particularly for children with mental illness who have a higher rate of non-adherence to treatment. An innovative interprofessional approach to caring for such patients was successfully piloted with three cases and will be presented.
B3  ENHANCING ACCESS TO SPECIALIZED PAEDIATRIC SERVICES FOR VULNERABLE CHILDREN
Krista Keilty, MN, NP-Paediatrics, Nurse Practitioner,
Cindy Bruce-Barrett, RN, BScN, MN, PMP, Director, Strategic Projects,
Cathy Daniels, MS, NP-Paediatrics, Nurse Practitioner,
Sharyn Gibbons, PhD, NP-Paediatrics, Research Coordinator,
Pam Hubley, MSc, ACNP Dip, Associate Chief of Nursing Practice,
Margaret Keatings, RN, MHSc, Chief of Nursing,
David Nicholas, PhD, MSW, Research Scientist,
Hospital for Sick Children, Toronto, ON

Access to paediatric health service typically requires referral outside of a family's neighbourhood. To address access problems, hospital-based Nurse Practitioners-Paediatrics (NP-Paeds) were embedded in a community health centre. This presentation will describe background to and results of a mixed methods evaluation of this NP-Paeds consultation model.

COMMUNITY DIABETES-INNOVATION, TECHNOLOGY & BEST PRACTICE
Kellie Stajer, RN, BScN, Professional Practice Leader,
Cheryl Osborne, RN, BScN, MHS, Clinical Manager, NICU/Pediatrics/Outpatient Clinics,
Alanna Landry, RN, CDE, Pediatric Diabetes Clinic,
Markham Stouffville Hospital, Markham, ON,

Learn how our interprofessional team approach empowers children and families to independently manage diabetes at home with the support of a 24-hr on-call service using smartphone technology. Our program is unique in that inpatient pediatric nurses teach the initial diabetes survival skills. The program operates daily as needed and can be customized to meet the needs of each family.

12:30 – 1:30 PM  Lunch and Posters & Exhibits
1:30 – 2:30 PM  CONCURRENT SESSIONS C

C1  'DON'T PUSH YOUR LUCK!' BOARD GAME FOR CHILDREN’S DECISION MAKING IN THEIR EVERYDAY CARE
Lisa Semple, RN, MN, Assistant Professor,
Andrea Kennedy, RN, PhD, Associate Professor,
School of Nursing, Mount Royal University, Calgary, AB

This board game is designed to strengthen children’s decision-making as partners in family-centred care, by exploring typical life scenarios. The game may be played by children with hemophilia or other chronic illnesses, families, friends, and caregivers. Workshop participants will play this game prototype, with facilitated discussion on self-care and transition.

CONFIDENTIALITY IN ADOLESCENT HEALTH CARE
Ruth Wadman, RN, MN, Clinical Nurse Specialist, Adolescent Medicine, Alberta Children’s Hospital, Calgary, AB,
Andrea Kennedy, RN, PhD, Associate Professor, School of Nursing, Mount Royal University, Calgary, AB,
April Elliott, MD, Adolescent Medicine, Alberta Children’s Hospital, Calgary,
Ian Mitchell, MD, Bioethicist and Professor of Pediatrics, University of Calgary, Calgary,
Jorge Pinzon, MD, Adolescent Medicine, Alberta Children’s Hospital, Calgary,
Deborah Thul, RSW, MSW, Well on Your Way-Youth in Transition Program, Alberta Children’s Hospital, Calgary

This is the first Canadian study to explore practices at a children’s hospital related to confidentiality in adolescent health care. Limited knowledge or misinformation related to confidentiality with adolescents and families may ultimately result in a disservice to this population. Preliminary findings will be presented, with an invitation for dialogue.

C2  "WHAT'S THE TWEET": SUPPORTING PEDIATRIC NURSES IN THE USE OF SOCIAL NETWORKING WITHIN A REGULATORY FRAMEWORK
Barb Czerniawski, RN, BSN, MScN, Outreach Consultant, Pediatrics, College of Nurses of Ontario, Toronto, ON,

Objectives: To increase awareness of the use of social media/networking and professional nursing practice To discuss how social media/networking is being used in pediatric nursing practice To identify areas in practice standards and guidelines that support the use of social media/networking

EARLY REFERRAL AND QUALITY PALLIATIVE CARE FOR CHILDREN AND FAMILIES - A CASE STUDY
Nancy Graham, RN, CHPCN(C), Admissions Coordinator, Roger’s House, Ottawa,
Anne Jones, RN, CHPCN(C), Staff Nurse, Roger’s House & Children’s Hospital of Eastern Ontario, Ottawa,

The importance of early referral and quality palliative care for children and families will be illustrated using a specific case study. Within the framework of the Supportive Care Model (Davies & Obeire, 1990), we will demonstrate how pediatric palliative care nurses can provide quality care that is individualized to meet the needs of each child and family.
C3 SLEEP PROBLEMS IN CHILDREN WITH DISABILITIES: A PRACTICAL AND INNOVATIVE APPROACH
Tessa Gresley-Jones, BScN, MN, NP-Peds, Nurse Practitioner, Holland Bloorview Kids Rehabilitation Hospital, Toronto,
Pam Green, BScN, MN, NP-Peds, Surrey Place Centre, Toronto,
Cathy Petta, BSc, RN, BScN (in progress), Surrey Place Centre and Holland Bloorview Kids Rehabilitation Hospital, Toronto,
Katrine Pilestved, RN, BScN, Holland Bloorview, Holland Bloorview Kids Rehabilitation Hospital, Toronto

In this “30 minute presentation”, participants will: become familiar with common sleep problems in children with disabilities; increase their understanding of how to assess sleep problems; become familiar with a sleep algorithm and sleep tool kit containing practical tips and techniques for parents; and become more knowledgeable about current research in the field of sleep and disability.

THE SUCCESSES AND CHALLENGES OF IMPLEMENTING A CLINICAL PATHWAY FOR NEONATAL JAUNDICE
Carrie Glanfield, RN, BScN, MN, Registered Nurse,
Amina Lalani, MD, Paediatric Emergency Medicine,
The Hospital for Sick Children, Toronto, ON

Early discharge from birth hospitals has increased the number of jaundiced neonates presenting to emergency departments (ED). In order to improve the care provided to these infants in our ED, we established a multi-disciplinary team that supported practice changes with a clinical pathway, staff education, equipment, and online resources.

2:30 – 3:00 PM Refreshment Break and Poster / Exhibit Viewing

3:00 – 3:45 PM CLOSING KEYNOTE
NURSES CAN MAKE A DIFFERENCE IN THE LIFE OF A SICK CHILD AND FOR THE FAMILIES AND CAREGIVERS LOOKING AFTER THEM.
Susan and Randy Bassett, Parents of Treva, Hamilton Ontario
Maureen Billerman, Founder & Executive Director, Dots New Brunswick

Our closing keynote speakers will share from a parent perspective, their successes or challenges with accessing health care to meet the needs of their child, and how nurses can assist parents to navigate through the complex pediatric health care system.

3:45 – 4:00 PM CLOSING COMMENTS

HOTEL ACCOMMODATIONS
Experience Hyatt Regency Toronto's location in the center of the city's vibrant downtown. Our downtown Toronto hotel accommodations are just steps from over 150 restaurants and bars. Explore attractions like the Royal Ontario Museum or the Opera House – our Hyatt Toronto hotel is adjacent to the Theatre District. Take a shopping trip to Eaton Centre, trendy Queen Street, or exclusive Yorkville.

A limited number of rooms have been reserved at the Hyatt Regency Toronto for our Conference attendees. To make your reservation, call the hotel directly at 416 343-1234. The Conference rate is $159 single or double until April 4th 2012. Please indicate that you are attending the PedNIG Conference to receive this rate or book online at: https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=3430491

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PedNIG Member? Yes ❑ No ❑ RNAO Member? Yes ❑ No ❑
Member # _____________________________________________
Member of another Province’s Interest Group? Yes ❑ No ❑
Do you have any Special Needs (Dietary ❑ Other ❑)? Indicate below
________________________________________________________

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CONFERENCE FEES (includes 13% HST)

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TOTAL VALUE $ ________ $ ________

NOTE: STUDENTS MUST INCLUDE PROOF OF FULL TIME REGISTRATION.
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Delegate registration lists (business information only) will be shared at the conference to encourage post-conference networking unless you specifically indicate otherwise.

❑ No, I do not give permission to list my name in the program book

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CANCELLATION POLICY A refund will be issued if requested, in writing, on or before April 13th 2012. A $50.00 administration fee will be levied on all refunds. No refunds will be given after April 13th 2012.

FINANCIAL ASSISTANCE: Bursaries may be available for Ontario RNs and RPNs from the Nursing Education Initiative, which is funded by the Ontario Ministry of Health and Long-Term Care and administered through RNAO and RPNAO. For additional details, contact RNAO at 416-599-1925 or visit www.rnao.org.