

# INSPIRATIONS

**2013 ANNUAL OPANA  
CONFERENCE  
NOVEMBER 1, 2 & 3**



**“TO INSPIRE IS  
GREAT, TO BE  
INSPIRED IS  
INCREDIBLE”**

**BREAKFAST & LUNCH  
SPEAKERS, PRIZES  
EXHIBITORS & VENDORS**





# ONTARIO PERIANESTHESIA NURSES ASSOCIATION

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## PROGRAM INFORMATION

FRIDAY NOVEMBER 1, 2013

1900-2100 Meet & Greet in Boardroom #41

SATURDAY NOVEMBER 2, 2013

0715-0800: Registration and Buffet Breakfast

0800-0820: Welcome/Introduction

0820-0920: Keynote Speaker Barbara Bancroft, RN  
~Shampoos, Tattoos and Barbecues~

0920-1015: Dr. Laurie Elit  
~Post-op Management of Ovarian Cancer  
Patients with Metastases and Ascities~

1015-1045: Nutrition Break and Exhibitors

1045-1130: Pre-Admission Clinics Panel  
~Hamilton Health Sciences: Bev Barbato RN  
and Michele Robis, RN  
~Royal Victoria Hospital: Karen Winter RN  
~Leamington District Memorial Hospital:  
Shelley Bondy RN

1130-1300: Lunch and Annual General Meeting

1300-1350: Dr. Laura Stover  
~Malignant Hyperthermia Review~

1350-1420: Elisa Macburg and Nancy Rudyk RN,  
~Perioperative Care: Family Centered  
Approach to Care for Children with Autism~

1420-1445: Nutrition Break, Exhibitors & Vendors

1445-1500: Youtube~Singing Anesthesiologists

1500-1600: Kathy Parsons, RN  
~Positive Psychology~

1600-1630: Mission Work & Operation Smile



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SUNDAY NOVEMBER 3, 2013

- 0800-0830: Breakfast buffet
- 0830-0930: Opening Keynote speakers:  
Dr. Bev Morningstar and Elaine Avila, RN  
~Enhanced Recovery After Surgery for  
Colo-rectal Patients~
- 0930-1015: Dr. Gino Gizzarelli  
~Dental Sedation~
- 1015-1035: Nutrition Break and networking
- 1035-1130: Melanie MacInnis and Eric Romeril  
~Changes in Morphine Opioid Practices: Why?~
- 1130-1215: Buffet Lunch
- 1215-1315: Dr. Richard Tytus  
~Herpes Zoster and Post-Herpetic Neuralgia ~
- 1315-1430: Carol Deriet RN, Ramona Hackett RN, and  
Lynn Haslam RN (EC)  
~The PeriAnesthesia Care Pathway~
- 1430-1445: Stretch Break
- 1445-1545: Closing Keynote Speaker: Susan Meehan  
~Mindfulness and Emotional Freedom  
Technique~
- 1545-1600: Passing of the Torch and Closing Remarks



# ONTARIO PERIANESTHESIA NURSES ASSOCIATION

## CONFERENCE REGISTRATION PRICES:

### Early Bird Rate: July 15 to August 15

OPANA Members \$150

Non-members \$175

### Regular Rate: August 16 to September 15

OPANA members \$200

Non-members \$265

### Late Rate: September 16 to October 26

OPANA members \$225

Non-members \$290

Registration is through our secure website:

[www.opana.org](http://www.opana.org)

Hotel rooms are available at the OPANA group rate of \$130 + HST per room, based on double occupancy.

Nottawasaga Inn Resort & Conference Centre 6015  
Highway 89, Alliston, ON, L9R 1A4 Tel: 705-435-5501  
Toll Free: 800-669-5501

For more hotel information:

[www.nottawasagaresort.com](http://www.nottawasagaresort.com)