

**Wednesday, September 30<sup>th</sup>, 2015**

**1/2 Day @ Liuna Station**

360 James Street North, Hamilton, Ontario

## LEARNING OBJECTIVES

**By attending this activity participants will be able to:**

- Identify how to optimize Pain Management for patients with Chronic Pain
- Recognize Pharmacological and non-pharmacological options
- Project ECHO Ontario: Best Practice Chronic Pain Care close to home
- Distinguish the role of Spinal Cord Stimulators in Complex cases with Chronic Pain
- Recognize the role of Cannabinoids in Pharmacotherapy of pain patients

## TARGET AUDIENCE

Family Physicians, Pain Physicians, Physiotherapists, Chiropractors, Nurses, Residents, Occupational Therapists, Students and Other Health Professionals.

**REGISTER ONLINE:** [www.fhs.mcmaster.ca/conted/register.html](http://www.fhs.mcmaster.ca/conted/register.html)

### More Information:

**CHERYL BOGIE**, CHSE Coordinator  
Continuing Health Sciences Education  
Phone: 905-525-9140 ext. x22990  
Email: bogie@mcmaster.ca

### Registration Information:

Email: [cmereg@mcmaster.ca](mailto:cmereg@mcmaster.ca)  
Phone: 905-525-9140 ext. x22671  
Fax: 905-572-7099  
Website: [www.fhs.mcmaster.ca/conted](http://www.fhs.mcmaster.ca/conted)



# agenda

\*Activity subject to change

12:00-13:00	<b>Registration and Lunch</b>
13:00-13:15	WELCOME/INTRODUCTIONS <b>Ramesh Zacharias</b>
13:15-13:35	<b>Before Opioids – "Better Communication at the Beginning of the Pain"</b> <b>Lydia Hatcher</b>
13:35-13:55	<b>Project ECHO Ontario: Delivering Best Practice Chronic Pain Care in the Patient's Medical Home</b> <b>Ruth Dubin</b>
13:55-14:15	<b>Role of Spinal Cord Stimulation in the Treatment of Chronic Pain: An Introduction</b> <b>Philip Chan</b>
14:15-14:45	PANEL DISCUSSION
14:45-15:00	<b>Nutrition Break &amp; Visit Exhibitors</b>
15:00-15:20	<b>Who is Candidate for Cannabinoids in Management of Chronic Pain</b> <b>Mark Ware</b>
15:20-15:40	<b>Improving Patient Function Despite Pain – The Role of the Occupational Therapy at the McMaster Family Health Team</b> <b>Martha Bauer</b>
15:40-16:00	<b>Evidence for Physical Exercise</b> <b>Joy MacDermid</b>
16:00-16:30	PANEL DISCUSSION
16:30-16:45	<b>Closing Remarks &amp; Evaluations</b>

## SPEAKER DINNER WITH MARK WARE

### King George Ballroom

17:15-17:45	<b>Registration / Reception</b>
17:45-18:45	<b>Dinner</b>
18:45-19:05	<b>Discussing Medical Cannabis Use with Patients and with Each Other</b> <b>Guest Speaker: Mark Ware</b>
19:05-19:20	QUESTION & ANSWER

#### DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, McMaster University; Continuing Health Sciences Education requires all speakers & planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure must be done verbally and using a slide prior to the speaker's presentation.

#### LIABILITY

**Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:**

- To any individual attending this activity.
- That may result from the use of technologies, program, products and/or services at this activity.
- That may arise out of, or during this activity.

#### CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the event should you provide CHSE with your email address. Receipts will be provided in your registrant package.

#### CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **September 18, 2015**, will be refunded less a 25% administrative fee. No refunds will be issued for cancellations received after this date.

# faculty

## Lydia Hatcher, BSc, MD, CCFP, FCFP, CHE

Chief, Department of Family Medicine  
St. Joseph's Healthcare Hamilton, Hamilton, ON

## Philip Chan, MD, FRCPC, FIPP

Director, Chronic Pain Clinic  
Department of Anesthesia/Chronic Pain Clinic  
St. Joseph's Healthcare  
Assistant Clinical Professor  
Department of Anaesthesia  
Faculty of Health Sciences  
Program Director, Chronic Pain Fellowship  
McMaster University  
Medical Director, Neuromodulation Program  
Hamilton Health Sciences, Hamilton, ON

## Martha Bauer, BSc, OT, OT Reg. (Ont)

Clinical Lecturer  
McMaster School of Rehabilitation Science  
McMaster University, Hamilton, ON

## Joy MacDermid, BSc, PT, PhD

Professor  
School of Rehabilitation Science  
McMaster University, Hamilton, ON

# guest faculty

## Ruth Dubin, MD, PhD, FCFP, D.A.A.P.M., D.C.A.P.M.

Chair, College of Family Physicians of Canada Chronic Pain Committee  
Co-Chair (with Dr. Andrea Furlan) Project ECHO Ontario  
Assistant Professor (Adjunct) Department of Family Medicine  
Queens University, Toronto, ON

## Mark Ware, MD, BA, MBBS, MRCP(UK), MSc

Associate Professor in Family Medicine & Anesthesia  
McGill University Health Care, Montréal, QC

# sponsors

## Silver

- Eli Lilly Canada

# planning committee

**Ramesh Zacharias, MD, FRCS(c), DAAPM, CMD**

**Co-Chair**

Medical Director  
Michael G. DeGroot Pain Clinic  
McMaster University Medical Centre  
Assistant Clinical Professor  
Department of Anesthesia  
McMaster University, Hamilton, ON

**Norm Buckley, BA (Psych), MD, FRCP(C)**

**Co-Chair**

Professor & Chair  
Department of Anesthesia  
Michael G. DeGroot School of Medicine  
McMaster University, Hamilton, ON

**Eleni Hapidou, PhD., C. Psych, Psychologist**

Associate Professor  
Department of Psychiatry & Behavioural  
Neurosciences  
Associate Faculty Member  
Department of Psychology  
Clinical Behavioral Sciences & Bachelor of Health  
Sciences Program  
McMaster University, Hamilton, ON

**Allison Blain, BSc, B.Ed, MD, FRCPC**

Anesthesiologist & Chronic Pain Specialist  
Hamilton Health Sciences  
Michael G. DeGroot Pain Clinic  
McMaster University Medical Centre  
WellBeings Pain Management &  
Dependency Clinic  
Burlington, ON  
Assistant Clinical Professor  
McMaster University, Hamilton, ON

**Angela Carol, MD, CCFP, FCFP**

Medical Advisor  
College of Physicians and Surgeons of Ontario  
Family Physician  
Hamilton Urban Core Community Health  
Care Centre

**Lydia Hatcher, MD, CCFP, FCFP, CHE**

Chief, Department of Family Medicine  
St. Joseph's Healthcare Hamilton  
Hamilton, ON

**Sheilah Laffan**

Program Manager  
Continuing Health Sciences Education  
McMaster University, Hamilton, ON

**Cheryl Bogie**

CHSE Coordinator  
Continuing Health Sciences Education  
McMaster University, Hamilton, ON

# directions

## From Toronto

- QEW Niagara to 403 Hamilton
- Exit on York Blvd.
- Follow York Blvd. to John Street
- Turn LEFT on John Street and Continue North to Murray
- Turn LEFT on Murray
- LIUNA Station is on the RIGHT

## From the Escarpment

- Take Upper Wentworth exit from the 'Linc'
- Go NORTH on Upper Wentworth
- Turn LEFT onto Fennell
- Turn RIGHT onto Upper Wellington & follow down the escarpment
- Follow John Street
- Turn LEFT on Murray
- LIUNA Station is on the RIGHT

## From Niagara Falls

- QEW Toronto to Burlington Street
- Follow Burlington Street (using through traffic overpasses) to James Street
- Turn LEFT on James Street North & follow to Murray
- LIUNA Station is on the LEFT

## From Brantford

- 403 Hamilton / Toronto
- Exit on Main Street East
- Follow Main Street to John Street
- Turn LEFT on John Street & continue North to Murray
- Turn LEFT on Murray
- LIUNA Station is on the RIGHT

# accreditation statement

McMaster University Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro and RCPC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

**The College of Family Physicians of Canada Mainpro-M1:** This program meets the accreditation criteria of **The College of Family Physicians of Canada** and has been accredited by McMaster University Continuing Health Sciences Education for up to **3.5 Mainpro-M1 credits**.

**The Royal College of Physicians & Surgeons of Canada MOC Section 1:** This activity is an Accredited Group Learning Activity (Section 1) as defined by the **Maintenance**

**of Certification** program of **The Royal College of Physicians and Surgeons of Canada** and approved by McMaster University Continuing Health Sciences Education for up to **3.5 MOC Section 1 hours**.

**The American Medical Association:** Through an agreement between The Royal College of Physicians and Surgeons of Canada and The American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at: [www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.



# Registration Form

9th Annual McMaster Pain Program  
Wednesday, September 30th, 2015  
Liuna Station, 360 James St. N., Hamilton, ON

## REGISTRATION FEES

- Physicians: \$150
- Other Health Professionals: \$80
- Residents / Students: \$50
- Dinner \$100



I **CONSENT** to having my name, address & email added to the CHSE mailing database for upcoming CME activities.  Yes  No

Dr.  Mr.  Mrs.  Miss.  Ms.

This is an electronic PDF form. You can type directly on the form using any PDF software. You must then print & submit it to us via mail, fax or in person. This is **NOT** an online registration. To register online visit: [www.fhs.mcmaster.ca/conted/register.html](http://www.fhs.mcmaster.ca/conted/register.html)

Surname

Given

Profession:  FP  Spec  PP  CHIRO  PT  NP-PHC  NP-ADULT  RN  OT  RES  Students  Other

Specify

Address

City

Province

Postal Code

Phone

Cell  Fax

**FOR OFFICE USE ONLY**  
Activity Code: MACPAIN2015

Email

Payment By:  Visa  M/C  AMEX  CHEQUE  CASH

CVD Number:

Amount: \$

CARD NUMBER

Pls make cheque payable to "McMaster University" \*Cheque must be received one week prior to the date of the program.

Expiry: Month  Year

Signature

## SPECIAL REQUIREMENTS

For those with special dietary needs some accommodation may be available:  
**Vegetarian:**  \_\_\_\_\_  
**Allergies:**  \_\_\_\_\_  
**Custom:**  \_\_\_\_\_  
(Pls note: custom meal requirements may require an additional fee. Please contact our office for details)

**PLEASE IDENTIFY ANY ACCESSIBILITY NEEDS:**

**MEAL PACKAGES FOR GUESTS** may be purchased. Contact the CHSE Coordinator for more information.

**CHILDREN ARE NOT PERMITTED** in the live activity setting as it distracts from the learners.

## FREEDOM OF INFORMATION & PROTECTION OF PRIVACY ACT

The information on this form is collected under the authority of the McMaster University Act, 1976. The information will be used for administrative purposes, including: your registration in the course; preparation of course materials for your use & to notify you of other courses or pertinent information. Financial information will be used to process applicable fees & will be retained for future reference. This information is protected & is being collected pursuant to section 39(2) & section 42 of the Freedom of Information & Protection of Privacy Act of Ontario (RSO 1990). Questions regarding the collection or use of this personal information should be directed to the University Secretary, Gilmour Hall, Room 210 McMaster University.

REGISTER ONLINE

**THERE ARE 5 WAYS TO REGISTER... ONLINE @ [www.fhs.mcmaster.ca/conted/register.html](http://www.fhs.mcmaster.ca/conted/register.html)**

### BY PHONE

Call **905 525-9140 ext 22671** (Visa, MC or AMEX are accepted)

### IN PERSON

Bring your completed registration form with Visa, MasterCard, AMEX, cheque or cash payment to the:  
*Continuing Health Sciences Education Program  
100 Main Street West, 5th Floor, Room 5004  
Hamilton, ON L8P 1H6*

NEW ADDRESS

### BY FAX

Fax the completed registration form with a Visa, MC or AMEX number to: **905-572-7099**

### BY MAIL

Mail your completed registration form to:  
*Continuing Health Sciences Education Program  
1280 Main St. W., MHC, Room 5004  
Hamilton, ON L8S 4K1*

NEW ADDRESS

Accepted:

Mon. to Fri. between the hours of 09:30 – 16:00