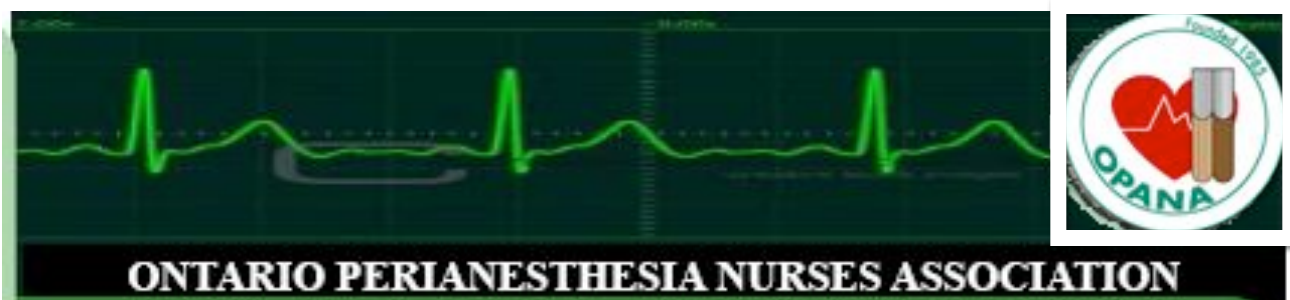


# THE MONITOR

2 0 1 1   S P R I N G   E D I T I O N



## WHAT'S INSIDE THIS ISSUE

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- \* **2010/2011 Board of Directors**
- \* **Regional Reports**
- \* **Ask OPANA?**
- \* **OPANA Mission Statement**
- \* **OPANA Membership Renewal**
- \* **OPANA Standards Order**

**Greetings from OPANA!**



**[WWW.OPANA.ORG](http://WWW.OPANA.ORG)**

**OPANA: 57 Winegarden Trail,  
Dundas, ON L9H 7M3  
Phone: (905)-627-6830  
Fax: (905)-627-0643**

**OPANA is an Affiliated Interest Group of the RNAO  
Registered Nurses' Association of Ontario L'Association des infirmiers et infirmières autorisés de Ontario**

## **OPANA President Address Spring 2011**

Warmest greetings to you from OPANA. We can officially say spring has arrived! All us are ready to greet the longer days of daylight and warmer temperatures after what seemed to be a very long winter. With that comes renewal and discovery and these are two keys words I would like to focus on in my letter this month to you.

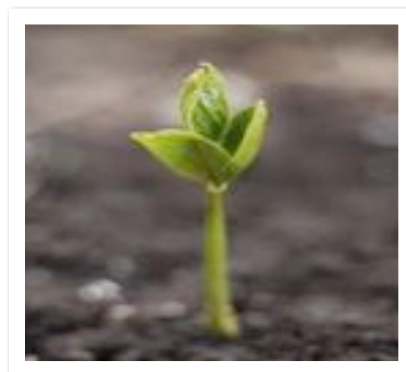
What does renewal mean to you? It means reflection and starting anew. Making a difference. In the last three months we have received 33 memberships. Some renewals of dedicated members and others new. Welcome to OPANA if this is your first time joining our association and greetings to those who stand by the association and support PeriAnesthesia nursing. Our membership form can be found on the website and runs from January 2011 to December 2011. Join us if you haven't, it's never too late.

PeriAnesthesia nursing week was celebrated the first week in February and I hope that many of you took the time out to celebrate. At our organization we enjoyed a pizza lunch and some sweets. Food is always an enjoyable activity and on our days that seem so busy at times it was just nice to take the time to say thank you for what you do each and everyday.

This month we have exciting news at our executive Board level. Deb Bottrell was nominated and accepted the position of President Elect. Congratulations! She will start her term as the next President of OPANA in late fall of 2011. I look forward to working with Deb in her new role providing supportive mentorship as she transitions into the position. Read more about Deb in our spotlight section.

The OPANA website is still under redesign but we are getting closer. One of the goals the Board of Directors are aiming at is to be able to navigate easier through the site. We have 3 contenders who will present their ideas with our ideas and then we will move forward – hopefully to unveil a new site within the next month. It is very exciting. OPANA will have a new look and feel to it, one that we are waiting for with anticipation. If there is something you would like to see added to our website, please drop me a line (email) and we will gladly take your suggestion forward. Remember this is for all of us.

Conference plans are well underway for the October 2nd, 2011 NAPANc conference hosted by OPANA in Toronto. Registration form will be posted on our web site shortly. We are excited about our theme this year, “Let us set the Pace”. Here are a few topics that will be presented at our conference: Bariatric surgery, the Anesthesia Challenge, Fluid Balance intra and post-op and Andrea Cassano-Piche will be coming back as our keynote speaker by popular demand and much more.



## **OPANA President Address Spring 2011, continued**

The first PeriAnesthesia Nursing International conference will follow right after from the 3rd to the 5th and is offering a discounted rate if you attend the national conference. This will be a much anticipated event the first of its kind and we want you to be there too! Let's participate as we watch history unfold in a new direction for PeriAnesthesia nursing.

Speaking of celebrations, by now many of you have seen the letter sent by CNA, Canadian Nurses Association, informing us that we have been accepted as the 20th Nursing specialty in Canada and have approval to develop a certification exam after the proposal was reviewed by CNA. Thank you to each and every one of you who signed and participated in the campaign a voice of a Thousand. We have been heard and thank you to NAPANc for their hard work in pursuing this very important next step in our development as a specialty.

Lastly, we continue to look for new members to join our board of directors. We are seeking a London regional director, Windsor/Essex, Niagara Region, North Bay. If you interested or know of someone please let me know. Qualifications require you to be a member of OPANA and RNAO. Our board meetings are held four times a year and you can contact me at [kampf@hhsc.ca](mailto:kampf@hhsc.ca) for more information.

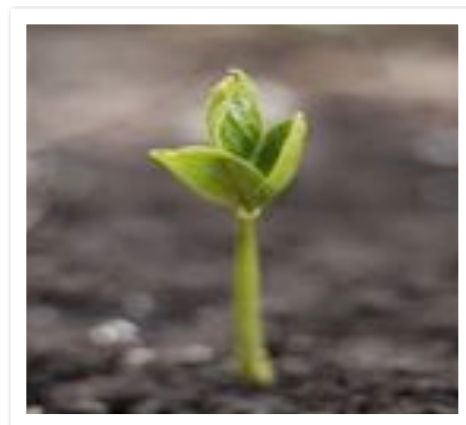
Lastly, I would like to share an article with you that was published in the December 2010 issue of Anaesthesiology December 2010, V 113.No.6 pages 1427-32. Here is discovery, learning and sharing. The article is entitled "Impact of a Comprehensive Safety Initiative on Patient Controlled Analgesia Errors". I was able to participate and the article was written by Dr. James Paul and with colleagues we have been published. Knowledge is power. Enjoy!

I look forward to hearing from you soon! Until then.

Yours truly,

Marianne Kampf, OPANA President

Together we grow!





## **Report from Carol Deriet:**

I was fortunate to attend **ASPAN's 30th National Conference, entitled "Reinvest in Your Potential" held in Seattle, Washington, April 3-7, 2011.**

It is always inspiring being amongst such a large group of colleagues who share a passion for PeriAnesthesia Nursing. This year's conference surpassed my expectations and truly left me with a sense of (North American) pride for being a member of such a valued professional nurse specialty. We, as PeriAnesthesia nurses, deserve to be proud of the unique skill sets we utilize, including amazing assessment skills; critical thinking; optimizing patients in preparation for and recovery of surgical procedures; teaching individualized and standard information, with a holistic approach including families and care giver needs.

Again I was reminded of the importance to take a personal inventory, reflect on personal accomplishments and initiate new challenges....while exploring my Potential.

The opening speaker, Donna Cardillo, RN, MA, spoke of **"Success as a Journey, Not a Destination"**. Your potential is a moving target that evolves with as you **"Learn to reignite your passion, develop hidden talents, create positive momentum in your personal and professional life, and set sail for a brighter future"**.

In keeping with this theme, the closing speaker spoke of Inspiration, how to find it from within and avoid roadblocks by not using dirty words such as "should"!

**How do you Invest in Your Potential? Do you have a success story you would like to share? Pass it forward and send it in for our next issue of the Monitor.**

Your success could help to keep my momentum going!

Thanks!

Carol

**PS...I also look forward to seeing you at the NAPANc & International Conferences in Toronto, October 2 to 5, 2011.**



## **GTA**

Carol Deriet and I completed a site visit to the Hamilton Health Sciences Centre. During the visit we had the opportunity to learn more about the Surgical Liaison Nurse role, and how valuable it is to relay updated information to family members while their loved one is in surgery or in the PACU. We were able to observe the PACU environment and learn about innovative staffing models, challenges with ICU over night patients, and their development of a Surgical Short Stay Unit (SSSU). We identified similar challenges at our organization, and we were able to share information regarding the recent expansion of the SSSU at Sunnybrook Health Sciences Centre. This unit is recognized as a valuable asset to our organization as it has helped reduce cancellation rates and occupancy issues.

Sincerely,

Ramona Hackett

## **ASK OPANA MEMBERS:**

I need to know if anyone else in their PACU's are responsible for assisting with ERCP's or is it strictly their endoscopy staff that do them?

Deb

[dhallbottrell@gmail.com](mailto:dhallbottrell@gmail.com)



# ONTARIO PERIANESTHESIA NURSES ASSOCIATION

## **SPOTLIGHT**

### **Deb Bottrell**

Let me start by mentioning I am graduate from St. Joseph`s Health Centre in Toronto a few years back that have gone quickly. My career has led me to work in areas such as: Emergency, Intensive Care and now presently as a Resource nurse of the PACU, Post Anesthesia Care Unit, at the Grand River Hospital in Kitchener, Ontario.

I am the proud mother of three daughters and the grandmother of three. At Conestoga College I presently participate in the role of part time educator for PACU course. In my spare time I enjoy spending time with my family, friends and try to fit in as much travelling as possible. I love to see places and learn about the land, the people.

Currently, I am a member of the OPANA board of Directors presently fulfilling the role of Director of Consumer Pricing and I look forward to the challenge of moving OPANA along the same routes of excellence that have been paved by the President. Recently I was nominated and accepted the position of President Elect and look forward to working with you and my colleagues at OPANA.

### **Hamilton/Niagara**

We were able to celebrate PeriAnesthesia nurses week with our colleagues. The PACU & SDU at the Juravinski site of Hamilton Health Sciences were provided a pizza lunch and sweets for staff to enjoy by Nancy and myself. It was a time to say thank you to the colleagues we work with at our site. We hope to provide an event locally for our region either a workshop, dinner event with a speaker or fun outing like golf.

The PeriAnesthesia course is set to go ahead starting this April 16th at the Trillium Hospital in Mississauga. More collaboration is required with Mohawk college co-ordinators to see if we can offer the course to other areas within our region. Nancy has built a wonderful curriculum for the course. Stay tuned.

Respectfully submitted, Nancy Poole & Marianne Kampf



## **Pediatric**

My objective as the regional representative is to connect OPANA members with an interest in pediatric perianesthesia care with each other.

A couple of questions for you to consider: Are you interested in being a part of a group e mail list to share pediatric practice and knowledge? Are you interested in attending a pediatric update on perianesthesia nursing practice? Please contact me with your response and information at: [nancy.rudyk@sickkids.ca](mailto:nancy.rudyk@sickkids.ca).

Patient safety is fundamental in providing effective patient care in the perioperative environment. An Upcoming Conference at Sickkids will examine pediatric patient safety concerns.

Thursday June 9, 2011: Patient Safety Symposium

“How will we know that pediatric healthcare is getting safer?”

Contact: [www.sickkids.ca/learning](http://www.sickkids.ca/learning)

Or Miriam Wexler 416 – 813 -7654 Ext 28120 for more information

Is your hospital planning pediatric education or updates that you would like to share?

Please let me know if you have any suggestions or ideas on how we can connect with pediatric information. Looking forward to developing a pediatric interest group in OPANA!

Wishing everyone a very Happy Nursing week!

Nancy

Contact Info:

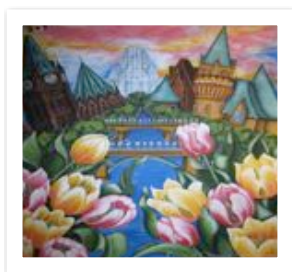
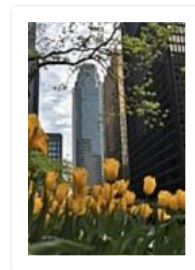
Nancy Rudyk, Clinical Nurse Specialist

Preanesthesia Clinic, Department of Anesthesia

Hospital for Sick Children

Toronto, Ont.

416-813-2246





# ONTARIO PERIANESTHESIA NURSES ASSOCIATION

## OPANA'S MISSION STATEMENT

To promote standards of perianesthesia nursing practice which will improve care and promote safety for practitioner's and patients.

To establish and promote educational programs which will contribute to the above.

To provide a forum for the presentation and discussion of all matters relating to the practice of perianesthesia nursing.

To establish cooperation and liaison with all groups, associations, institutions, or bodies in matters affecting the objective of the association; and

To further the public's awareness of the role of the perianesthesia practitioner as a vital member of the Health Care Community.

**OPANA WEBSITE: PRESENTLY IS UNDER CONSTRUCTION**

**[www.opana.org](http://www.opana.org)**

**Submit any articles or ASK OPANA? to:  
Susan Nahorney@ [nahorneys@rvh.on.ca](mailto:nahorneys@rvh.on.ca)**

## Ways to register to become an OPANA MEMBER

- 1. Use the form with this newsletter: fax or mail in. Cost \$50**
- 2. Member of RNAO? Add OPANA to your membership.**
- 3. Even better, if you are already a member of RNAO and paying your fees with an employer payee deduction with adding OPANA to your membership. It would calculate out to less than \$13.00/ pay for RNAO & OPANA. No hassle or renewal or fuss.**





# ONTARIO PERIANESTHESIA NURSES ASSOCIATION

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<b>Professional Practice</b>	Kileen Tucker-Scott	ktscott@ryerson.ca



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Nancy Rudyk	Nancy Poole	



## Director, Perioperative Program and Surgical Services

One of Ontario's busiest surgical programs is about to get bigger and even busier

Are you ready to join and lead a high performance team? With its three sites, 40 surgeons in 10 surgical services and close affiliations with McMaster University Faculty of Health Sciences, St. Joseph's Healthcare Hamilton is well-positioned as one of the Province's leaders. In response to the ever-increasing demand and high volume of surgical cases, St. Joseph's is currently expanding its operating room and recovery room capacity. These state of the art additions, as well as new diagnostic, information management and support capabilities, will increase the organization's ability to serve the communities in its region with the best possible surgical care. As St. Joseph's continues to achieve targets of clinical excellence, they will have greater capacity to expand a portfolio of surgical specialties that already includes bariatric, thoracic, orthopaedics and joint replacement, cancer and reconstructive, ophthalmologic and urologic surgery including renal transplant.

As the new Director, you will forge ahead with the redevelopment as the organization prepares their new operating rooms and a new Sterile Processing Department, while continuing to lead a successful, fast-paced Program. Through the implementation and fine tuning of E-Path, you'll help to manage more accurate reporting, efficient resource allocation and bed flow. As an inspirational leader, you will provide vision, leadership and a dynamic work environment to a wonderful group of highly skilled and motivated staff. Work with your team to institute standardized processes and practices that contribute to quality care, reduced wait times and even better patient safety.

The successful candidate will have demonstrated achievements in leadership, program innovation and the building of strong effective teams within an academic health science environment. Familiarity with surgical programs is preferred and a relevant Master's degree is a minimum requirement. Experienced at bringing out the best in your team and keeping morale high, you will now have the opportunity to excel in dedicated engaged culture that feels 'it's an honour to serve our community'.

For information about St. Joseph's Healthcare Hamilton, please visit the website at <http://www.stjosham.on.ca>.

To confidentially explore this opportunity, please e-mail your resume or query, quoting the appropriate position title, to Judy Mandelman at [resumes@promeus.ca](mailto:resumes@promeus.ca).



# ONTARIO PERIANESTHESIA NURSES ASSOCIATION

## 2011 MEMBERSHIP FORM VALID UNTIL DECEMBER 31, 2011 GST #S6194753

**Membership fees provide our members with: Newsletters, Educational meetings, reduced Conference fees & support the work required to make us a recognized specialty group, both at the provincial and national level.**

**New Member** \_\_\_\_ **Renewing Member** \_\_\_\_ (X)

Please print. No abbreviations or initials.

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Place of work: \_\_\_\_\_ Dept./Area \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_

P.C. \_\_\_\_\_

### **Membership Information**

*Please select your category:*

*Registered Nurse who is currently registered with the College of Nurses and who is working in an employment where perianesthetic nursing is practiced or has a vested*

*Health Care practitioner who is working in an environment where perianesthetic nursing is practiced and has a vested interest in the per-anesthetic care of clients. Associate membership holds a reduced annual membership*

*\*Professional Designation \_\_\_\_\_*

*Future health care practitioners who are not eligible for active or associate membership. Student membership holds a reduced annual membership rate but does not include entitlement to vote on OPANA issues.*

*\*Institution: \_\_\_\_\_*

\*\*\* CNO # \_\_\_\_\_ RNAO Member? Yes ( ) No ( )

Please check off one of the following:

\_\_\_\_ Cheque, payable to OPANA (please print and mail this form with payment)

\_\_\_\_ Cheque mailed separately to OPANA (please print and fax this form to (905) 627-0643)

( ) Visa OR ( ) Master Card Card #: \_\_\_\_\_

Expiry Date (mm/yy): \_\_\_\_\_ Signature: \_\_\_\_\_

Please send payments by mail or fax with cheque to: **OPANA, 57 Winegarden Trail, Dundas, L9H 7M3**  
Phone: 905-627-6830; Fax: **(905)627-0643**.



# ONTARIO PERIANESTHESIA NURSES ASSOCIATION

## OPANA Standards of Practice, 6th Edition, 2009

### Contents:

#### **OPANA Mission Statement, Vision and Goals, Scope of Practice for PeriAnesthesia Nursing**

#### **ADMINISTRATIVE STANDARDS**

- Environment and Equipment
  - Staffing
- Orientation and Education
  - Documentation
- Continuous Quality Improvement

#### **CLINICAL PRACTICE STANDARDS**

- Care of Patients Receiving General Anesthetics, Regional Anesthetics, Analgesics, Muscle Relaxants and Sedative Agents
  - Airway Management
  - Patient Comfort Related to Pain or Postoperative Nausea and Vomiting
  - Management of Thermoregulation
- Assessment, Monitoring and Interventions of the PeriAnesthesia Patient in All Areas of PeriAnesthesia Patient Care
- Transfer of Care and Accountability in all Phases of the PeriAnesthesia Environment

#### **RESOURCES**

- PreOperative Screening in the PreOperative Phase or PreAdmission Unit
  - Telepractice in the PreOperative Phase or PreAdmission Unit
  - Recommended Staffing Guidelines and Patient Classification
  - Care and Screening of the Patient with Obstructive Sleep Apnea
    - Care of the Patient with Malignant Hyperthermia
    - Management of Patients with Latex Allergies
  - Guidelines for Visitors in All Phases of the PeriAnesthesia Environment
- Patient Safety Measures in All Phases of the PeriAnesthesia Environment
  - Emergence Delirium
  - Pain Management in PeriAnesthesia Nursing
  - Infection Prevention and Control
  - Discharge Criteria from All Phases of PostAnesthesia Recovery
- Managing Patient Process Flow through the PACU (Avoiding Delays in the OR)

#### **POSITION STATEMENTS**

- Minimum Staffing in All PostAnesthetic Phases of Recovery
- Role of the Nurse Practitioner in Anesthesia in All Phases of the PeriAnesthesia Environment
  - Roles of the RN and RPN in the PeriAnesthesia Setting
    - Phase I Recovery as a Critical Care Unit
  - Unregulated (Health) Care Providers in PeriAnesthesia Settings
  - Do Not Resuscitate in the PeriAnesthesia Environment
- Fast Tracking of the PostAnesthetic Patient to Bypass Phase I Recovery
- Role of the Anesthesia Assistant in the PeriAnesthesia Environment



# ONTARIO PERIANESTHESIA NURSES ASSOCIATION

## Standards of Practice, Sixth Edition, 2009 Order Form

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